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## Parents' Wellbeing Questionnaire

Dear Parents,

We want to provide the very best positive school environment for learning and providing a safe environment for your child. We are continuing to promote healthy relationships and endorsing anti-bullying procedures in the school. Since 2022, our focus has been on wellbeing through the school self evaluation process. We will evaluate the effectiveness of our current practice using statements of effective practice after a period of time e.g. pupil, staff and parent surveys.

The Wellbeing process started in March 2022 when staff members attended the Wellbeing in Education. After receiving a copy of the Wellbeing Policy Statement and Framework for Practice document, the *Statements of Effective Practice* were shared with all staff members in the school. At staff meetings, a brief overview of the Wellbeing Framework and current wellbeing promotion practices were discussed. Posters containing the four key areas; [1] Culture and Environment [2] Curriculum [3] Policy and Planning [4] Relationships and Partnerships, were displayed in the staffroom. The staff were invited to write down what we are doing in our school.

The staff were very interested in discussing wellbeing in their school and agreed that it is an important area for continuous development. The principal invited staff members who were interested to volunteer onto a wellbeing team and explained that this team would work with the whole school community through a wellbeing promotion process.

Some examples of our targets include; surveys, wellbeing wall, sensory room, fruit initiatives, 'Mind Me, Mind You' initiative, assemblies, student council 'projects, presentations, plans & consultations', scooters, Lámh signs, *Wellbeing Tree* on junior corridor; in addition to classroom lessons and activities. We will implement further programmes as they become available.

We would really appreciate your feedback to evaluate what we are doing well and continue to improve practices within our school. Presently we are providing pupils, parents and staff with a questionnaire to complete. It will only take 4-5 minutes approximately. **A link to the survey will be sent via text.** It may request you to open your email to complete it on google forms but it is totally anonymous.

Le gach dea ghúí,

Ms. M Scanlon  
Príomhoide